

# RIVERSIDE PARKS & RECREATION

## YOUTH SPORTS GUIDELINES



We want everyone to enjoy our parks and fields in the safest way possible. While playgrounds are still closed, youth sports are allowed following the guidelines listed below.

- **ALL PARTICIPANTS MUST MAINTAIN 6 FOOT PHYSICAL DISTANCING AT ALL TIMES.**
- **ADULTS AND YOUTH PARTICIPANTS SHOULD WEAR FACE COVERINGS.**
- **ADULTS AND YOUTH PARTICIPANTS SHOULD NOT PARTICIPATE IF THEY HAVE ANY COVID-19 SYMPTOMS OR EXPOSURE RISKS.**
- **ADULTS AND YOUTH PARTICIPANTS SHOULD WASH HANDS WITH SOAP AND WATER OR USE HAND SANITIZER REGULARLY, ESPECIALLY BEFORE AND AFTER PARTICIPATING.**
- **PARTICIPANTS SHOULD USE THEIR OWN EQUIPMENT AS MUCH AS POSSIBLE.**
- **NO COMPETITIVE GAMES, ONLY DRILLS/PRACTICES/LESSONS THAT DO NOT INVOLVE CONTACT.**
- **TEAM/GROUP SIZE SHOULD BE LIMITED TO 10 PARTICIPANTS OR FEWER PER EVERY ONE ADULT.**
- **TEAMS/GROUPS SHOULD BE STATIC, WITH NO MIXING OF ADULTS OR CHILDREN.**
- **SPECTATORS ARE NOT PERMITTED, AND PARENTS SHOULD REMAIN IN VEHICLES DURING DESIGNATED PICK-UP/DROP-OFF TIMES.**
- **ORGANIZERS SHOULD DESIGN A PLAN TO ACCOMMODATE THESE GUIDELINES AND DESIGNATE AN ADULT TO MONITOR THESE GUIDELINES AT ALL TIMES.**
- **NO TEAM/GROUP SNACKS, ALL PARTICIPANTS SHOULD BRING THEIR OWN WATER BOTTLES AND KEEP THEM 6 FEET AWAY FROM OTHER PARTICIPANT'S PERSONAL BELONGINGS.**
- **NO HANDSHAKES, HIGH-FIVES, ETC.**
- **MULTIPLE GROUPS PERMITTED IF THE FOLLOWING CRITERIA IS MET:**
  - **SPACE ALLOWS FOR THE PHYSICAL DISTANCING OF PARTICIPANTS AND ADULTS.**
  - **A DISTANCE OF 30 FEET BETWEEN TEAMS/GROUPS IS REQUIRED.**
  - **AREA FOR EACH TEAM/GROUP IS MARKED TO DISCOURAGE INTERACTION.**

**Play Safe!**